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**Dr Janet Hall's newsletter**


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## Why would Shane Warne Risk Losing His Family?

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Multiple affairs! Public Exposure! Why would Shane Warne take the risk that he would lose his family?

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Men in power are run by their testosterone levels. It's what pushed them to claw their way to the top and it is associated with a high need for sexual domination and release. The need for domination makes it easy for these powerful men to be driven to have sex with multiple partners. This is made easy by the available women (I call them predators) who offer themselves for sex. These women love to seduce and be dominated by a strong man. The sexual act somehow creates a halo effect for the woman where she feels she has absorbed some part of his power. She feels smugly superior to all the other women who would want to be intimate with this man because "she has been chosen".



The man may be able to get away with his little adventures, so long as he does it in private. When his sexual exploits are made public however, it makes a fool out of his wife and she may have to really consider her future in the relationship. It's a challenge to her love for him but most of all a challenge to her level of self-love. She must ask herself if she can still respect him after what he's done. If she takes him back, she may be giving him the message that it will be OK if he did it again in the future. How can she respect herself if she compromises her values? I guess it all depends on what she does value - if it's her self-respect she may leave... if it's the fame and fortune she'll stay.

Simone herself was quoted asking "does a leopard ever change its spots?" As a sex therapist who treats sex addicts, I would have told her directly that in Shane's case the answer is a resounding NO. Men (and Women) cheat because they are turned on by the element of danger, of surprise and of doing the forbidden. It adds a huge sense of "sexcitement" It's a bit like being naughty and stealing a biscuit or a lolly when you are a little child. If you get away with it - you usually want to do it again!

So the question has to be - when will Warne grow up? The answer is - it's unlikely, unless he gets some serious sex addiction counselling, regularly attends a group like Sex Addicts Anonymous and learns to consider other people's feelings - starting with those of his children.

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